

PROGRESS

with Michael Bernoff

ISSUE 46

**GOING FROM
SOFTWARE TO
SELF-AWARE**



**JASON
CARDAMONE**

**“I WANT TO SHOW PEOPLE WHAT IMPACT THEY HAVE ON THE WORLD,
AND HOW MUCH POWER THEY HAVE WITHIN.”**

Jason Cardamone

Speaker, Entrepreneur, Internet Marketer, & Coach

Home Town: Westminster, CO

Spouse: Kim

Kids:

Kyle 10 yrs old,

Lilly 8 yrs old,

Caleb 6 yrs old.



Jason Cardamone is, in a word, energy! The passion and intensity within him is electric and sends a spark to those around him.

It's hard to imagine that this live wire, up until his early twenties, would have been described as someone who was quite shy and kept to himself. Yet that's who he used to be.

As with anything or anyone - we have opportunities that will forever change us. We can walk through an open door or choose not to, and either way are changed. And most of the time, in that moment, as we're looking at that door, we don't always see the real opportunity, nor do we realize the importance of the door - until much later. For Jason, there were two moments in his childhood that impacted his path greatly enough to bring about the changes that made him the man he is today.

The first was when Jason was 6 or 7, and his father brought home a computer. Jason was drawn to it and immediately began working with it and learned computer programming. Second was their family's move to a small Colorado town as Jason was entering junior high. Jason reminisced, "We lived in the middle of nowhere with not a lot to do. It was then I really got into soccer and computers to pass the time."

Jason was the first of his immediate family to go to college, and when he did he walked onto the soccer team based on his skill.

He went on to earn a full ride scholarship for soccer as he studied computer science and a minor in mathematics.

After graduation he got a job right away as a software engineer. "My head was good at it, and I was successful. The problem was, my heart wasn't in it." Yet he went to work, did his thing and began his adult life. It looked great on the outside.

Yet on the inside, Jason was searching. "I was dabbling, bouncing around trying to find what I wanted to do." At this point he tried different business opportunities that didn't go as well as he'd hoped or planned. Sure he'd gained many experiences, had a lot more knowledge of the world and business under his belt, but he wasn't where he wanted to be...at all. At that point, Jason filed for bankruptcy. "Filing bankruptcy in 2005 was the

hardest point for me. I had my wife and a newborn son, and we were losing the home we'd worked so hard to buy. I disappointed my father. I felt guilty."



A fighter to the core, Jason soon began working in the internet marketing space to recover financially and recreate the security he wanted to give his family. At the same time he also was continually bettering himself and striving for more by investing in personal development.



In August of 2014, Jason found himself at an event that Michael Bernoff had been asked to speak at. As Jason listened to Michael speak about creating the life the way you want to live by becoming the person who can achieve it, he was moved.

As Michael shared ideas about how to create the life you want by becoming a better communicator, be more consistent and be more confident, Jason saw answers. He saw answers to what he was looking for so he could have the life he and his family were dreaming of. And so Jason walked through a third door - and he signed up to take a course from Michael Bernoff. In December of that same year he was soaking it all in at Michael's Rapid Presentation Mastery event.



“Michael told me to give it 6-12 months to really see the changes in my life. That is exactly what I did. Since August of 2014

I have been to every event offered, every RPM, every Core Strength Experience, and every Human Interaction Technology event.”

Through his journey, Jason has realized his true calling is to inspire, help and coach people. “The last 18 months have been crazy, and full of amazing changes. Literally every part of my life has been touched by what Michael has taught me.”

Everything that Jason has learned and applied is paying off. And Jason is able to recognize it, to feel it, and to see it - because the impact of what he's learned and applied has changed his life dramatically. He's improved his communication with himself which has grown his confidence. He's improved his communication with others which has made others sit up and take notice. Recently, Jason

had the opportunity to speak at a childhood friend's father's funeral. “The number of people that approached me afterwards was proof of how much I have improved in my communication skills. They have known me since I was a child, and they recognized the change in me.”

Another thing Jason improved was simply being present and aware of what is happening in the moment. With a smart mind full of ideas, Jason was often on overdrive on the inside while trying to communicate. Being aware of himself and others around him has brought huge changes in his relationship with his wife. “In the past there were areas that I wasn't sure we'd ever be able to truly work through, yet we have! We've made so much progress in such a short time. She has even thanked me for being more present and understanding.”



Through having more awareness and better communication with himself, he has also been able to slow down and look at situations in his life from a new perspective. This outlook has allowed him to see the amazing things that have resulted from each stage of his journey. Jason said, “I now know that no matter what happens, amazing things will come out from it.”

Jason's confidence improves even more as seeks to be around those that inspire him. He has a higher standard for who he lets in his life and clients he works with. Because of the people he's met, the new circles of influence he's built, and others seeing his potential, he is now working on the biggest project he's ever had in his life.

Jason's outlook for the future is amazing! “I believe that people can achieve what they set their minds too. Most people walk around feeling low amounts of self esteem and self worth. They don't realize what impact they actually have on the world, how much power they have within. I want to help others bring their light out.”

Thoughts From Michael



When you meet Jason you just immediately love him. He smiles and he's ready to learn, to do, to act. That's the kind of person people love to be around - their energy is contagious. A year and a half ago when Jason and I met, he was all those things and he was hungry for more. Even better! How many people do you have the opportunity to meet that you know are going to soak up everything they learn, apply it and make a mark in the world? That's Jason - his attitude showed it. And now he's proving it. He is proving that when you develop the skills of communication, of consistency, of congruency and of confidence you can have anything you want in life. Even when everything is not perfect, even when he's making business decisions or family decisions or life decisions - Jason knows - he has the skills to succeed and he won't be stopped.

Now that's progress.

There's only one thing that hold people back from walking through doors of opportunity and that's fear. Jason has plenty of opportunities that changed the trajectory of his life and he walked through those doors, fear pushed aside and courage game on - in he went. And truly that is what made him the man he is today. To be able to recognize an opportunity and without knowing exactly how it's going to turn out, to still go for it - that's a powerful person. When Jason began taking my courses he didn't know exactly how it was going to work out, and he didn't know how well the information he learned would change him - he just saw an opportunity and went for it. And now he's taken all he learned and built his own door - and that's the door of living a passionate life doing what makes him energized and happy and full of purpose. Over the next few years as he works to achieve his life - he'll do it with the confidence of knowing he's fully capable of making it happen.

Now that's success.

— Michael Bernoff



Visit MichaelBernoff.com or call 866-241-5111